

# DETOX / ASSIST

## REVITALISE YOUR IMMUNITY & OPTIMISE RECOVERY

Feeling foggy, sluggish, or out of balance? Assist/Dtox is a Naturopathic blend created to support your body's natural detox processes and overall wellbeing.

- Do you have **difficulty concentrating, memory issues, and reduced mental clarity?**
- Sleep disturbances:** Difficulty falling asleep or staying asleep.
- Do you **struggle** with sustained **energy** through the day?
- Have you noticed **skin problems** like: **Acne;** **rashes,** or other **skin irritations.**
- Do you suffer with digestive issues like: **Bloating, gas, constipation, or diarrhea.**
- Mood Swings:** Irritability, anxiety, or depression.
- Weight changes:** Unintended weight gain or weight loss.
- Find you have intolerances such as: **Increased sensitivity** to certain foods or environmental triggers.

With ingredients traditionally used to assist liver health, digestion, energy, and mental clarity, it's designed to help you feel lighter, clearer, and more vibrant. Whether you're navigating everyday stress, skin fluctuations, or occasional digestive discomfort, Assist/Dtox offers gentle, daily support for renewed vitality from the inside out.

### Supplement Facts

Serving Size: 5.3 Grams / 1 heap tsp  
Serving Per Container: 30

Amount per serving	% Daily Value *
L-Glutamine (99%)	750 mg
Coriander leaf (Coriandrum sativum)	500 mg
L-Glycine (99%)	500 mg
M MSM (Methylsulfonylmethane)	300 mg
St Mary Thistle (80% Silymarin)	300 mg
Green Tea Extract 10:1 (Camellia sinensis)	300 mg
Broccoli (1% Glucoraphanin)	400 mg
Choline Bitartrate (99%)	300 mg
Chlorella Cell-wall cracked (Chlorella vulgaris)	350 mg
Taurine (99%)	350 mg
Schisandra Extract 10:1 (Schisandra chinensis)	200 mg
Peppermint (Mentha piperita)	100 mg
Dandelion Extract 10:1 (Taraxacum mongolicum)	200 mg
Astragin® (Panax ginseng and Astragalus)	50 mg





Support your body's natural detox pathways with our Dtox/Assist blend – a Naturopathically crafted mix of herbs and nutrients to promote gut and liver health. L-Glutamine and Coriander support digestion, while L-Glycine, MSM, and St Mary's Thistle may help maintain healthy liver function. Green Tea Extract adds antioxidant benefits, and ingredients like Broccoli, Taurine, and Glutamine work together to support the liver's natural clearance processes. Choline and Chlorella assist in managing heavy metal balance, while Schisandra and Peppermint help the body adapt to stress and support digestion. Dandelion extract rounds out this formula to promote healthy liver and bile function. Designed to help you feel your best, naturally.