

SLEEP/CALM

REVITALISE YOUR IMMUNITY & OPTIMISE RECOVERY

Introducing our advanced calming blend Sleep/Calm, a naturopathically formulated blend of powerful ingredients designed to support your sleep health and enhance overall relaxation.

- 🌿 **Struggling with getting to sleep?** Calm the mind and enter a blissful state.
- 🌿 **Waking up in the middle of the night?** Wake up refreshed instead.
- 🌿 **Struggling to get up and going?** Energize mornings, and banish fatigue.
- 🌿 **Is your nervous system always stimulated?** Calm nerves, and find serenity.

Experience a revitalizing sleep experience with our scientifically formulated sleep solution and elevate your sleep with our science-backed solution.

Supplement Facts

Serving Size: 2.5 Grams / 1 flat tsp
Serving Per Container: 45

Amount per serving		% Daily Value ^
Magnesium Citrate (11% Magnesium)	350 mg	87%
L-Glycine (99%)	350 mg	*
Tart Cherry (Prunus cerasus)	350 mg	*
Pro-anthocyanidins (Purple Sweet Potato)	300 mg	*
GABA (Gamma-Aminobutyric acid)	250 mg	*
Theanine 98% (from Green Tea)	250 mg	*
Passion flower 10:1 (Passiflora incarnata)	250 mg	*
Lavender 10:1 (Lavandula angustifolia)	200 mg	*
Astragin® (Panax notoginseng and Astragalus membranaceus)	50 mg	*
Melatonin	1 mg	*





Unveil extraordinary benefits from our synergistic blend of Magnesium which induces relaxation, calms the nervous system, and enhances sleep quality. L-Glycine promotes relaxation and improves sleep architecture. Natural melatonin source, Tart Cherry, regulates sleep cycles and aids insomnia symptoms. Purple Sweet Potato's anthocyanins enhance synergy. GABA and theanine help reduce anxiety for pre-sleep tranquility. Passionflower and lavender soothe stress and improve cognitive function. Astragin boosts nutrient absorption up to 95%.